

Dog breeds that are highly affectionate as ESAs

If being loyal, taking care of someone, and protecting someone is art, then there are no better artists in the world than dogs. Humans cannot get a better pet than dogs to be their companions. Imagine you are all stressed out and need someone to spend time with, you call your family, everyone's busy, you call your friends and everyone's busy. In such moments if you have a dog and you take it out for a walk, you would definitely feel better.

Many mental health professionals suggest adopting a dog for patients who are mentally depressed. A [legitimate esa letter](#) is given to individuals who are suffering from mental health issues, especially those who have post-traumatic stress disorder. This letter is necessary paperwork for getting pets to sustain mental depression.

Dog breeds are of various types; some are tiny and adorable, some belong to hunting breeds, and they are thin and strong and some are huge. Loyalty is in their blood, and the protection of their owner is their duty. For most of those who own them, dogs are just like a part of their family. Many owners who require emotional support, take good care of their dogs.



Some of the dog breeds recommended for ESA are as follow:

Labrador Retriever

One of the most gentle dog breeds is the Labrador retriever, which makes them ideal to have as an ESA. Another extremely interesting fact about them is that they can be trained easily because they are food lovers. Since they are food lovers, they love to consume large quantities of food. So, to limit the quantity of food they intake, you can use a **snuffle mat for dogs**. They are the perfect dog breed if you need an

emotional support animal because they are all-rounders but still you will need an esa letter for them so if you dont know [how to get an esa letter](#) then read below.

Yorkshire Terrier

These tiny little things are very adorable. Among the lapdog breeds, they are the sweetest. Just because of their size, they don't need much space or too much exercise; this makes them the ideal choice for people who want to spend most of their time at home.

Beagle

Beagle, another adorable breed; they are very dopey and cute. What makes them ideal as an [Emotional Support Dog](#) is their loveable nature. They are both calm and cuddly, plus they are full of energy.

Corgi

They represent a loyal, stable, and obedient breed. They are short in size but certainly not in their personalities. They are very even-tempered, making them the ideal ESA.

Pug

Just a look at their face puts a smile on the face. Pugs are the favorite among the **most affectionate dog breeds** in States like the US and UK. The ability to tune the emotions of their parents make them favorite as an ESA. They are so intelligent that they can observe your mood if you are a little bit depressed or anxious then bang!!! They will start to show their cheeky behavior.

Pomeranian

Pomeranians are simply balls of fluff; they have the ability to adapt to a new environment. Their nature of being close to their owners all the time makes them a great choice as an ESA. Pomeranians perfectly perform the role of best friends.

Golden Retriever

Golden Retrievers are the most adorable dog breed. They are extremely intelligent and human friendly. These dogs require a huge amount of exercise to stay healthy. They are ideal as an ESA if you provide them with the required exercises and stimulation prescribed in an [esa letter for dog](#).

Poodle

Poodles are very smart and make a close bond with their owners. Because of their intelligence, they are very easy to train. It is comfortable for people to own a pet that can be trained easily, so poodles make a great choice.

The aforementioned list of dogs is the one that can support people in tackling mental illness. They are highly recommended for patients with anxiety and depression because they understand human emotion.

Useful Resources:

[Most Healthiest Dog Breeds that Can be Kept as Pets](#)

[Flying with a Dog - Guidelines, Tips, and Helpful Tactics](#)

[Cheap ESA Letter - What are the Risks and Dangers?](#)

[What do Dogs Dream About?](#)