

Rules and Eligibility Criteria for Dogs to Become ESAs - A Complete Guide

Dogs are probably the most common pet as well as Emotional Support Animals in the US. If you want to register your dog as an ESA you must be curious to know about the rules and eligibility criteria that can make your dog your ESA. You must be happy to know that there is no specific Federal law that restricts your dog to become an ESA. Actually, any animal and any breed can become an Emotional Support Animal for you as long as it is beneficial for your mental health, is recommended by a registered therapist and you have an [esa letter](#). Although, there is no restriction on your dog that stops your dog to become your ESA but still you need to satisfy certain conditions to register your dog as ESA.



ESA Dogs are for the Mentally Disabled

If you want to an ESA dog, you must know that an ESA dog is greatly beneficial for the mentally disabled. You can have an ESA dog only if you are suffering from some sort of emotional, social, [can dogs eat shrimp](#), If you do not have any knowledge, your dog may not be able to become an ESA for you as the key idea behind the concept of an ESA is to provide help to a disabled person so that he can live a normal life. So, your psychological disability is the first requirement that allows your dog to become an ESA.

Your Dog Must Be Recommended by a Registered Mental Health Therapist

Your dog can become your ESA only if it is recommended by a registered therapist. You need to discuss the nature of your disability with your psychiatrist and if they feel it necessary, issue an ESA letter for your dog. If a mental health therapist refuses to issue an ESA letter for your dog, your dog can not become an ESA for you as it is mandatory. An ESA letter is a legal document that enables your dog to go with you on no-animal places. Without an ESA letter, your dog is not considered as your ESA. If you are facing difficulties to get an ESA letter, here is a piece of good news for you. Now [emotional support animal letter](#) is just one click away from you. You just need to provide some basic information about the nature of your disability and about the breed of your dog, you will get an ESA letter for your dog at your doorstep.

Your Dog Must Be Appropriate for Public Places

Although you can get an ESA letter regardless of the breed and nature of your dog but here one thing to keep in mind that your dog must be well mannered and well behaved. Otherwise, you will find it difficult to carry your dog in public places. Your dog can travel in an airplane if you have a valid ESA letter but you may not be able to travel with your dog if your dog has the habit of bark at strangers. In the same way, although no landlord can refuse you to rent out his property on the bases of your ESA. But if your dog is not well behaved and makes a lot of noises, your landlord has the right to register a complaint against you. So, if you want to spend more time and get mental health benefits from your ESA dog, you do not need just an ESA letter but your dog must also be easygoing and appropriate for public places.